Lipase pancreatitis pdf

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Pancreatitis is the inflammation of the pancreas. Medscape cites the global incidence of pancreatitis cases as ranging from 5 and 80 in per 100,000 population, making this an incredibly common condition. Left untreated, this condition can lead to serious complications, including death. In order to prevent complications, it’s necessary to receive proper medical care; that all starts with a proper diagnosis. Let’s take a look into the signs of pancreatitis, starting off with its most tell-tale symptom… 1. Abdominal Pain Africa Studio/Shutterstock.com This is the principal symptom of pancreatitis. People with pancreatitis experience a dull pain in the upper abdomen that goes through the middle/upper parts of the back and can be exacerbated after eating. It can range from mild to severe, and could last for many days at a time. This pain can trigger the following symptoms… 2. Fever & Chills Pormezz/Shutterstock.com Experiencing fever and chills is prevalent among pancreatitis patients, but people are advised to act upon these quickly and seek immediate medical attention, as these can trigger sepsis, which can be life-threatening. In cases of acute pancreatitis, expect these to come by more often… 3. Nausea and Vomiting metamorworks/Shutterstock.com Having an inflamed pancreas impedes the normal digestion of food. This causes nausea and vomiting, especially after eating fatty foods since they are much harder to digest. Some symptoms appear more obvious than the rest… 4. Bloating Thunderstock/Shutterstock.com In acute pancreatitis, a person may experience bloating in the upper abdomen. This is due to the immobility of stomach contents, causing it to swell from its usual size. As a result of poor digestion, it’s no surprise that the following occurs… 5. Weight Loss VGstockstudio/Shutterstock.com Even though you may be eating a lot of food, an inflamed pancreas is unable to produce the enzymes needed to break down and help the body absorb the nutrients it needs. As such, the body may not get the nutrients it needs, leading to weight loss. Bowel movements are also affected by pancreatitis’ effects on digestion… 6. Diarrhea Peera.P/Shutterstock.com The disrupted functions of the pancreas also affect the person’s bowel movements. Since the food is not properly digested and its nutrients left unabsorbed, it then leads to diarrhea. Even the stool has something to tell about this condition… 7. Greasy Stool kiri11/Shutterstock.com With the pancreatic enzymes being unable to process the fat in the food, the stool becomes even more foul-smelling, greasy-looking, and can be hard to flush down the toilet. Pancreatitis also affects the liver, and the symptoms are quite evident… 8. Jaundice sruilk/Shutterstock.com The liver also suffers from the ravages of pancreatitis. Jaundice is a result of the buildup of the yellowish substance bilirubin in the where the sclera (white part of the eyes) and the skin. This buildup turns the skin and eyes yellow. Urine will also turn dark due to this buildup. At times the symptoms of pancreatitis just leave you gasping for air… 9. Respiratory Problems Maridav/Shutterstock.com Pancreatitis brings about chemical changes that harm its lung function, like causing dangerously low levels of oxygen in the blood. In more severe cases, some patients develop more serious, life-threatening respiratory complications. Our last symptom is something we definitely need to look out for… 10. Hypovolemic Shock M-SUR/Shutterstock.com This is perhaps the most serious on our list. In critical cases, parts of the pancreas may die, causing fluid and blood to spread to the abdominal cavity, reducing the pressure and amount of blood. This may lead to hypovolemic shock and eventual organ failure, which can be fatal. Early treatment matters The Institute for Quality and Efficiency in Health Care attests that pancreatitis has a high survival rate, especially if treatment is sought immediately. About 4 out of 5 cases recover without further complications. The remainder, however, can end up being life-threatening, as it increases risk of multiple organ failure should the condition worsen. DISCLAIMER: The views and opinions expressed in this article are those of the authors and do not necessarily reflect the official policy or position of the site owner or any brands and companies mentioned here. Any content provided by our bloggers or authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything. This article is purely for reference purposes and does not constitute professional advice and may not be reflective of the best choice for your unique situation. This site strives to provide as much accurate information as possible; however, sometimes products, prices, and other details are subject to change. Therefore, this site does not verify for the accuracy of the information presented in this article. This site does not assume any liability for any sort of damages arising from your use of this site and any third party content and services. Pancreatitis is something you may confuse with the mild pain in the region of the stomach. As the day passes by, you understand that no medicine is able to handle the problem. Right, this disorder is able to cause as much as a death in several hours! A pancreas accomplishes many strategically important functions of the organism, so call your health care professional as soon as you feel something’s wrong with it. Sharp and abrupt pain in the stomach. Patients with diagnosed pancreatitis in their anamneses suffer from sharp pain in the stomach area, which can spread all through a foot and even whole body. This kind of pain comes unexpectedly at the end of the day in most cases and lasts for a while. It has a continuous, non-stopping nature. When the stomach suffers, abdomen is attacked by the painful sensation as well. These two are interconnected. The abdominal pain diffuse to the back of the individual who suffer from pancreatitis. It is recommended to avoid high-fat meals. Moreover, the patient risks facing newly developed gallstones. Page 2 The victims of pancreatitis experience regular attacks of nausea. They feel lightheaded, being stuck in the tight space with their head spinning round-and-round. It makes these people feel extra sick. Doctors recommend drinking more water and moving at least a bit of sitting all day long won’t help. Temperature increase (38 Centigrade and up) and swelling. While swelling and inflammation it is often that the temperature of damaged area increases and sensitive. Those symptoms do not come together necessarily. They can be separated in different cases. The burning feeling often occurs in the most swollen area. Movements of the damaged area are restricted, and the area is painful itself. Thus, we can say that a typical fever might also be a symptom of pancreatitis. It is logical that a patient with diagnosed pancreatitis feels like there is a tumor in his abdomen. It causes a bloating sensation. In some cases, it is the result of overeating or absence of activity. However, a pancreatic invasion is often supported by this symptom too. The puffy stomach becomes too sensitive to touch and even a little amount of food. Page 3 Bad health conditions associated with abdomen and stomach often include indigestion. Pancreatitis is not an exception; those who suffer from this disease take various drugs to minimize this feeling, but it does not help. When followed by the strong stomach ache, indigestion is a sign you should pay attention to. Turn to your health care provider ASAP. The body of the patient with pancreatitis is lacking liquid all the time. The lack of water in the organism is known as dehydration. A dehydration is a problem alone, but when supported by other symptoms mentioned above, it may be a sign of pancreatitis. Due to the regular stool (diarrhea), nausea, and excessive vomiting, people lose a lot of water. Thus, they have to consume more. The organism cannot properly function without sufficient amount of water. Try to avoid huge fat consumptions as well. Flacking and itchiness. Not painful, but extremely irritating symptoms are flacking and itchiness. The uric acid crystals can accrue in stomach, abdomen, joints, and even make some kind of tubercles inside in case of other illnesses. After that, the skin in the stomach or joint area may flake off. It happens mostly in those cases when the joint is inflamed and dropsical. The absence of water, regular attacks of nausea followed by vomiting, bloating, and pain in stomach lead, of course, to the rapid weight loss. The patients with diagnosed pancreatitis cannot withstand the food; they don’t find attractive even their favorite meals. Extra weight loss is always a piece of illness, but when followed by the discussed signs, it can be pancreatitis. People actually want to eat and feel hunger, but they physically cannot. The pancreas is an organ that aids in digestion by releasing enzymes into the intestines and hormones into the blood stream. Pancreatitis is a condition in which the pancreas becomes inflamed. Sometimes the inflammation is short-lived—for instance, when the tube to the intestines becomes blocked by a gallstone; this is called acute pancreatitis. Other times, the inflammatory process persists and can become progressive, over time leading to irreversible damage to the pancreas; this is called chronic pancreatitis.

The primary symptom of pancreatitis is abdominal pain, which can range from mild to severe. A severe case of acute pancreatitis can cause debilitating pain, but with treatment or resolution of the underlying cause, the inflammation and pain go away and there is little to no permanent damage to the pancreas. While the pain of chronic pancreatitis may be more mild, it tends to be longer-lasting and can significantly lower the individual’s quality of life. Other symptoms of pancreatitis include diarrhea, fatty stools, nausea and vomiting, and unexplained weight loss.

Treatment depends upon the cause of the pancreatitis and may include surgery to remove a gallstone or cessation of alcohol use, with pain medication taken to manage the pain.

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